













# CHEC breathes new life into Sussex Art

Susan Jackman lived in Sussex for most of her life and captured her love of the English Countryside in both Oils and Watercolours. Susan first trained at Guildford School of Art and then at Reigate Art School under the tuition of James Dring (RA), finishing at Goldsmith College, London. In 1985, she was elected an Artist Member of the Fine Art Trade Guild. Her original paintings and prints are much sought after and have been bought by private collectors all over the world.

Sadly, Susan passed away in 2010 and in 2018 her husband Arthur kindly donated the rights to reproduce her work to CHEC, a social enterprise supporting physically disabled adults in Chailey. Since then, CHEC have been using Susan's paintings to create one-off prints as well as sets of greetings cards and gift items such as place mats and coasters featuring scenes of Sussex to sell to the general public. Work is also currently underway to turn twelve of Susan's paintings into a calendar that will be available for purchase. The money raised by sales will go directly towards supporting work opportunities for people with severe physical disabilities in CHEC. CHEC is a long-time supporter of many artists in the Sussex area and a wide range of greetings cards and prints featuring the work of a selection of painters and illustrators can be viewed and purchased from their office situated on the Chailey Heritage site. As well as greetings cards and canvases, CHEC also offers a personalised printing and embroidery service on garments, promotional and gift items for societies, businesses and individuals in the local area and nationwide. To find out more about CHEC or enquire about Susan's artwork, please call CHEC on 01825 724376.

[www.chec.co.uk](http://www.chec.co.uk); [facebook.com/enterprisecentre](https://facebook.com/enterprisecentre); Instagram CHEC1995

## From the Parish Leaflet for March 1919

### price 2d. - Letter from the Rector written from Sebastopol

'We went back to war to endure worse horrors than before and the joy that fills our hearts now that we are on the eve of sailing (as we think and hope and pray homewards) make us unspeakably happy. We have no definite news yet of our home going but many circumstances point that way and the ship itself needs re fitting so that I think we may allow ourselves to hope of all things. Kindest remembrances to all who ask for me.'

*Note: The Rector the Rev. T.H.L. Jellicoe had served as a naval chaplain during the war on H.M. Hospital Ship 'St Margaret of Scotland.' He also visited other ships and did some work on shore. During his absence the Rev. F.W. Lewis assisted by Henry Maltravers took over his duties. He was away for sixteen months. It has always been presumed that he started the Parish Leaflet.*

Annette Shelford

## Local Council Funding Update -

### Maria Caulfield MP

Funding for local council services, such as schools, potholes, and social care, are always the top items in my mail bag. Yes, even more so than Brexit ! People care passionately about these services as they affect their everyday lives. That is why since becoming the local MP I have been fighting for more funding for our local services.

As a rural area we have always had traditionally less funding than urban areas such as nearby Brighton and Hove, by as much as 50% per head of population. When times are good we haven't noticed this difference but in times of reduced funding this difference has had a huge impact on the funding of the services we rely on. Not only is the traditional

funding formula unfair it masks some of the challenges rural communities face. In East Sussex we have the highest number of 85 year olds in the country and so we have a higher demand on our social care and NHS services.

While this year, as local Sussex MPs, from all parties, we have managed to secure over £12 million in extra funding for the county

- £1.6 million in the business rate retention scheme
- £4 million for social care
- £2 million for this winter to support our NHS
- £ 4 million for pothole and road repairs
- £1.1 million for special educational needs

We all recognise that this scramble for money each year is not sustainable. That is why we will shortly hear the announcement of the fairer funding review which will change the way local councils are funded and will give a fairer distribution of funding and over a longer period of time so that councils can plan for the services they need. Please be assured that I hear loud and clear the call that we need a long term funding solution for the services we all rely on.

## Chailey Horticultural Society

Please remember our Spring Show on Saturday 23rd March in the village hall. Doors open for visitors at 2.30pm, but why not enter? Schedules and entry forms are available at the village store and the Five Bells or from me.

The arrival of March brings hope and enthusiasm to the gardener as by the end of the month the days are appreciatively longer and the weather warmer.

Mid March is the time to plant first early potatoes. This can either be done by digging a trench or individually using a trowel. Plant the seed potato chitted end uppermost on a base of well rotted compost or manure and a handful of general fertiliser. Plant them 12" apart with 24" between rows. Earth up as growth appears to prevent frost damage and ensure the growing tubers are well covered to prevent greening. The best are Swift for the very earliest crop ( also does well in bags) , Casablanca, Sharpes Express ( floury) and Red Duke of York.

Broad beans and peas can be sown directly into the soil or started off in the greenhouse. The best for flavour are Imperial Green Longpod beans and Alderman peas though this is an old fashioned tall variety which crops over an extended period. I tend to plant mange tout and sugar snap types a week or two later in the warmer weather.

At the end of the month sow directly lettuce, beetroot, spring onions and radish. I delay planting carrots and parsnips until early April so I will cover these next month.

If you have space why not try asparagus? It requires good drainage and crowns are widely available. Dig a trench 10" deep and make a central ridge on which to place the crown. Spread out the roots and space them at 15" intervals and cover with soil. Only take a few spikes in the first year and cover with seaweed collected from the beach in the winter.

Onions sets can be planted out at the end of the month or started off earlier in the greenhouse. Plant them 4" to 6" apart ( the closer they are the small the bulb) with their tops just visible. Sturon , Stuttgart and centurion are reliable white onions and Red Barron for red.

Prune hybrid and floribunda roses. Cut out any dead wood and cut back about half way to an outward facing bud.

Don't forget the show and Good Gardening

*Peter Estcourt [pge44@icloud.com](mailto:pge44@icloud.com) 07803 179708*



### REPORTING BACK 02 – CHAILEY MEETING

It was January 2014 when I first wrote to the Director, Public Affairs at Telefonica. I had received complaints from Chailey residents, as far as the 02 service. Over the last 4 years, there

have been on-going problems. Our primary school and some residents in North Chailey have experienced almost a lack of network and signals. Engineers have visited the mast at the King's Head Field, North Chailey and carried out works to improve the signals. It has been a very long-winded process. Having corresponded with the senior O2 executive in Madrid, I was finally put in contact with the London Head of Public Affairs. I invited him to meet me in Chailey with his senior engineer. This we did on February 1st. I drove with them and we covered all our village: New Heritage Way – Balneath Manor – South Chailey – Mill Lane – Chailey Green – North Chailey all along A272 – Cinder Hill. We also looked at the masts in King's Head Field and Istock Brickworks. At all times the signals were checked for network service evidence. Trees can sometimes hinder signals and, clearly, we did not go into the homes of residents. The signal by the Chapel, New Heritage Way was very weak, as the mast nearby is not O2. I asked if this mast could be shared, but apparently, it is not designed for that purpose. It is unusual for such a senior executive, such as a Head of Public Affairs to pay a visit to a small rural village such as Chailey and I was pleased that my perseverance paid off. I'm afraid that does not mean my request for additional network services will be considered as a national priority when some rural areas have no service. Any infrastructure is determined solely on planning grounds.

### **REPORTING BACK – LITTER SIGNAGE**

Last spring, I asked Lewes District Council to erect signage on the side of the roads on our District boundaries that state you will be fined if you throw or leave litter. My proposal was agreed and seen as a good and helpful deterrent in our pursuit of reducing waste and litter. The signage was ready in the autumn but it appears that there were problems communicating with Highways. But now, we are back on track and I hope we shall see the signs very soon.

*Cllr Sharon Davy (Chailey and Wivelsfield); Sharon.davy@lewes.gov.uk*  
Telephone: 01444 831 3360

## **Chailey Allotment Association - Tales from Plot Six**

Gradually, our little, or not so little Plot was transformed from jungle wilderness to something more habitable, 'Lottie' as it has now become known to us, took on some shape with a giant bonfire in the middle waiting to happen. As with anything in life, however, you need to prepare or you will prepare to fail, and our attention turned to the matter of the bunny high jump masquerading as our 'fence'.

Not be deterred, my partner patrolled the edges of the site with military-style precision and staked it out. He studied Hadrian's Wall, the Great Wall of China, and applied it to Watership Down – no bunny would ever grace our plot again if he had anything to do with it, and this would be a human-made object visible from outer space. Posts, industrial strength chicken wire, check! Spades and nails, and wire, this would be Chailey's answer to Fort Knox! The bunnies would have to go elsewhere.

There was, however, the trouble of the corrugated iron. For some reason unknown, our predecessor had sunken the wretched stuff at various locations around the plot, and this would first have to be removed. Let battle commence! One moment comes to mind whereby I had spent the afternoon trying to remove one area of corrugated iron. It required some excessive digging, wrestling, some swearing, and a cardiovascular workout which no Gym could, or ever would ever provide for me.

Laying on the ground, pulling with all my strength on one particularly tricky piece, I noticed movement from the corner of my eye. Looking up I saw the Allotment Association's Chairman and his wife wandering their way along the path towards me. At the time I had yet to be introduced to Mrs. Chairman when two pairs of legs arrived adjacent to my head. No hope of elegance being achieved, I looked up to see two kindly faces peering down at my mud splattered personage. Considering that I looked just as anyone would

do having rolled around in the mud for an afternoon, I am not sure they could have seen anything other than a brown slime coated humanoid shape with a pair of eyes looking back, but both offered support and encouragement.

We managed to remove the iron bit by bit, little by little, but not without injury, and a few cuts and bruises along the way. We also had some unexpected help. The sense of community at the Allotments is something I have grown to appreciate deeply. Things will be swapped in times of need and excess, neighbours will stop by to chat and pass the time of day, and pearls of wisdom can be obtained which will help other plot holders no end. One day, I had bewailed the fact that I would have to wrestle with one particular bit of irritating iron, and I wasn't sure how I could tackle it. I arrived the next weekend to find that the Allotment fairies had worked their magic. It had been dug up for us. God bless you Allotment fairies! You are very kind indeed! Such is Allotment life.

*More 'Tales From Plot Six' next time...*

**Spring Musings:** It's now March - the first month of a new spring in all of its glory. The earth is gearing up to bring forth all those wonderful things which we love and enjoy, and what I call the season of the Mole (rising and returning home in the dark) is over! The days are lengthening. The early season flowers are making way for the first of those oh so loved classics, our golden Primroses. The name, derived from the Latin *prima rosa*, means the first rose of the year. It's yellow and creamy hues herald the change in the season and I love them. Take time out to explore the hedgerows and the beautiful woodland we are blessed with here and appreciate all nature and what joy it brings us. I would encourage all of you reading this to give growing your own a try, you can grow all sorts on a warm windowsill. Once you have tried it, you won't look back! Our Allotment Association gives produce to the Lewes Food Bank, who help families across the district. If you are interested in joining us, please contact Chailey Parish Council for more information. Happy Growing!

*Joanna*

## Chailey Litter Pickers

### 1073 bags so far!

The **2019 Great British Spring Clean**, organised by Keep Britain Tidy, is nearly upon us; it runs countrywide from 22nd March to the 23rd April. Chailey Litter Pickers will be taking part over a five day period and we would love you to join us on any of these days:

- **Thursday 14th March.** Meet at Chailey Green 10am
- **Friday 15th March.** Meet at Chailey Free Church car park, South Chailey at 10am
- **Saturday 16th March.** Meet at Chailey Sports Ground car park, North Chailey at 10.30am
- **Sunday 17th March.** Meet at Chailey School car park, Mill Lane, South Chailey at 2.00 pm
- **Monday 18th March.** Meet in the small road behind May Cottage Café, North Chailey at 10am

The Great British Spring Clean brings together individuals, community organisations, businesses and councils to make a difference to the environment on our doorstep. In 2018 around 370,000 #LitterHeroes collected more than 630,000 bags of rubbish.

Keep Britain Tidy Chief Executive Allison Ogden-Newton said: "The Great British Spring Clean is an opportunity for millions of people to do something positive that will make a visible difference. Regardless of politics, everyone can agree that tackling the litter pollution that despoils our country is something we should all support. Help us reach our target of getting 500,000 people out, taking action to clean up every area of the UK."

**For further information** contact Janet Caughley on [janetcaughley@gmail.com](mailto:janetcaughley@gmail.com) or on 01273 400785. Some equipment will be available every day, but if you have a grabber and a pair of gloves bring them along. We'll provide plenty of bags.

If you cannot make any of the dates above, there are other litter picks taking place in East Sussex for people to join in with. Check out the Great British Spring Clean pages on [www.keepbritaintidy.org](http://www.keepbritaintidy.org) for details.

## Chailey Heritage Gym and Spa

I am writing to tell you about our exciting gym and spa facilities at Chailey Heritage Foundation. We have a fully accessible gym for people for anyone from the outside community with a physical or learning disability. We have a gentleman from Chailey who has just joined the gym who suffers from MS and is loving his time now at the gym. He previously did not know about the facilities we have here and they are just here on his doorstep. He has found that the gym has made a real difference to his life and he is just one of our many success stories.

We have a very modern gym with the latest in state of the art gym machines that have many adaptations to make them accessible for people with physical disabilities. More information can be found at [www.chf.org.uk/gym.html](http://www.chf.org.uk/gym.html)

If you have any further questions about our facilities or would like a tour one day, please get in touch on 01825 723723

*Daniel Burnett*

*Fitness Centre Manager Chailey Heritage Futures Part of Chailey Heritage Foundation*



100 club winning number for February was number 54 – Linda Blaker. Congratulations Linda and thank you for your support. Our Jumble Sale is on Saturday 2nd March 11am at the Village Hall. Donations of jumble will be gratefully received, so if you are having a post Christmas clear out please bear us in mind. Local collections of jumble can be arranged, please contact Diane 01273 401900. Alternatively, you can drop jumble donations to the village hall on Friday 1st March 7-8pm or

before 10am Saturday 2nd March.

St Georges Day Fete is on Saturday 20th April 12pm-4pm at the bonfire field opposite Markstakes Lane. If you would like to book a stall or car boot space please contact Clare 07985 112968 or email us at [secretary@chaileybonfire.co.uk](mailto:secretary@chaileybonfire.co.uk) for more details. We are pleased to confirm Swords Of Albion will be joining us this year as well as a magician and Easter Egg Hunt for the children as well as our increasingly popular dog show. Our vintage vehicle show was also very popular last year, if you have a vehicle that you would like to bring along please get in touch as soon as possible.

If you are interested in getting involved with our event or have/know of an attraction that we may be interested in, please contact us.

We are pleased to offer a mobile licensed bar facility for special occasions, parties etc. If you would like more information, please contact Diane on 01273 401900 or email [secretary@chaileybonfire.co.uk](mailto:secretary@chaileybonfire.co.uk).

You can follow all our exploits and find out more about our events on the Chailey Bonfire Society website <http://www.chaileybonfire.co.uk> or join our Facebook group – just search for “Chailey Bonfire Society”.

**theWI**  
**INSPIRING WOMEN**

Our next meeting will be on Tuesday 5th March at 7.45 pm in the Village Hall when Paul Green will give a fascinating talk entitled Murders and Misdemeanours.

Members turned out in good numbers for our February meeting when local author Ros Black, whose talk Scandal, Salvation and Sufferage, covered the work of some of the remarkable women who at the end of the nineteenth and early twentieth century created the Women's Temperance Movement. In 1900 10% of UK children joined the Band of Hope. Sailors and Solders arrived at the dockyard gates having just received their pay and went

straight to the pubs but instead Sailors' Rests were established where tea, coffee and buns were provided. Sailors' Rests were set up at ports all round the country and 2,500,000 beds were found during WW1 for the sailors and troops newly returned from the war.

We meet on the first Tuesday of each month in the Village Hall and are always happy to welcome prospective members and guests for a donation of £3 which includes home made refreshments.

*Margaret Smith - 01825 723519*

## **Chailey Repair Café – 9th February 2019**

A record february opening for chailey repair café!!

On 9th February, Chailey Repair Café celebrated their largest attendance since they opened last August, with more than 120 visitors from 22 different Sussex and Kent towns and villages. 86 repairs attempted - the vast majority successfully - including a battery charger, a cuckoo clock, a model Spitfire airplane, two beautiful Victorian lamps, a set of walkie talkies, several laptop computers, some bikes and a range of clothing and fabric repairs.

Founder and coordinator Bryan McAlley said: "We continue to be humbled and amazed by the extent of the interest in the service we are providing the community. We now have 33 volunteers, whose skills in tackling almost anything brought to us never ceases to astound me". Bryan added "We are now beginning to stock spares for many items, so that we can complete repairs on the day, and plan to offer internet access at the café to enable those hard to find spare parts to be tracked down"

Chailey Repair Café is part of a world-wide movement where volunteer experts repair things free of charge – although a donation towards running costs is invited. Anyone can bring along broken items or clothing needing repair from home, and have a cuppa and some cake while they wait!

Chailey Repair Café next opens at Chailey Village Hall (next to the Five Bells Pub) 10am – 1pm on Saturday 9th March and then on the second Saturday of each month. Want to know more? Contact them at [chaileycrc@gmail.com](mailto:chaileycrc@gmail.com) or find them on Facebook.

## **Chailey School**

Residents will know that, following a successful bid by East Sussex County Council, Chailey School has been selected to have a new building funded by the Department for Education. The new building will transform the learning environment for all our students and staff and, as a bonus, enable us to provide more opportunities for the community to share our facilities.

Our architects have presented the project in a series of images and texts on the School's website: [www.chaileyschool.org/new-building-plans](http://www.chaileyschool.org/new-building-plans). Go to the box marked Revised Plans to see the whole series.

We hope that you, the community, will support this project. Your School receives students from nearly 40 different Primary schools and plays a vital role in the formal education of students in this wide area.

The School will continue to teach and learn during the project and a preliminary Application was made in January to create a temporary stacked block of classrooms in which we can continue our work. The formal Application will be made in the early Spring.

## OTHER LOCAL NEWS

### The Art Society, Uckfield, Lewes & Newick

The Queen of Instruments: The Lute within Old Master Paintings by Adam Busiakiewicz  
March 13th The Civic Centre Uckfield 2.30

The Lute – throughout history has been equally popular with Kings and Queens as with everyday folk. Light and portable it could be played anywhere. It was the perfect solo instrument for the Renaissance Age as can be seen in so many of the paintings of the time, Holbein, Caravaggio, Vermeer and later Watteau. Shakespeare made use of it in many of his plays, it added a soft, romantic touch to many an occasion.

We are extremely lucky to have as our lecturer Adam Busiakiewicz who is not only an Art Historian but an extremely talented lutist. He has also appeared on the TV show 'Take Me Out' but did not find a date so is still looking for a princess to serenade with his lute!

The cost is £7 on the door for non-members and if you need any further information please contact our Membership Secretary Ann McNorvell 01825 721458 or newickdfas2017@gmail. We look forward to welcoming you.

### Lewes Windmill District Guides Trefoil Guild

In January we gathered for our Annual Lunch and were able to look back on 2018 as a very special year for Trefoil Guild during which we celebrated the 75th Anniversary of the founding of Trefoil Guild in 1943.

During our monthly meetings we have enjoyed a varied programme. An illustrated talk by Kevin Gordon telling us about the journey of the Cuckmere River. A Guide Leader told us about her International Citizens placement with YCare International in Libya. Two of our members recalled being 'The Oldest Backpackers in the World' when they had visited Australia some years ago. Two Guides gave us a 'Ready, Steady, Cook' demonstration. Then there were the outdoor meetings - with amongst others visits to the Ashdown Forest, and to an NGS garden.

Those of us who joined the over 1000 members from London and the South East at Southwark Cathedral for a Service of Celebration in July, were inspired by the joy and inclusiveness of an outstanding event. Then in the Autumn our Sussex East County celebratory event took place at Firlie Place where we picnicked, were guided round the house and witnessed a display on horseback choreographed by 'Riding for the Disabled' This being the Girl Guides national charity for 2018.

Do you have happy memories of being a Brownie or a Guide, Cub or Scout? Of Camps or Jamborees? Feel you would like to give something back to enable the girls of today to do likewise by being there to give occasional support and encouragement in the background. We meet in the Community Centre, Newick on Wednesday evenings. A warm welcome awaits you.

For more information please contact Jane Stent 01273 400632 or Linda Samson 01825 723171.

### Newick Cinema

#### A Community-based Venture for Sunday Evenings

Our next show is on 24th MARCH. We hope that many of you will be able to come and enjoy "STAN AND OLLIE". There is a licensed bar, teas, coffees, cakes and ice cream plus an interval so that there is an opportunity to meet up with friends and have an enjoyable evening out in the village. Booking in advance will secure seats in the front rows however there is no need to book, just come along at 7pm and buy a ticket on the door; the film will start at 7:30pm.

#### MARCH'S FILM "STAN AND OLLIE" (PG)

Laurel and Hardy, the world's most famous comedy duo, attempt to reignite their film

careers as they embark on what becomes their swan song – a gruelling theatre tour of post war Britain.

24 MARCH 2019 in Newick Village Hall, Western Road, Newick BN8 4LY

Licensed bar and refreshments from 7.00 pm. Film starts 7.30 pm

Tickets: £6 on the door, or by emailing detailed request to:

newickcinema@outlook.com, or ringing Mike Berry on 01825 723392

Booking in advance not necessary but will secure the best seats in the front rows

## Citizens Advice

### **Citizens Advice fighting to help homeless people access public services.**

Lewes District Authority currently has a population of 102,257. Within the region there are 233 homeless people ranking it at 96 of 318 Local Authorities with 1 in every 439 people being homeless.

The reasons for homelessness are complex, but the issues faced to find a way forward are shared. Critically a fixed address to access public services, banks, healthcare, Jobcentres, courts and housing services. Without an address they miss out on import information which can have significant implications e.g. being sanctioned or missing out on opportunities.

### **Better access to post is key to ending homelessness**

Fifty-four per cent of MPs surveyed by Citizens Advice said people in their constituency have struggled to access essential services because they don't have a fixed address.

Citizens Advice is recommending two potential solutions building on existing systems:

- A free PO Box system giving an address to put on applications and place to collect their post from.
- An adjusted Poste Restante – allows post to be sent and collected from one of 11,500 post offices. Currently the Post Office requires proof of address to sign up; Citizens Advice is calling for the ID requirements to be relaxed for homeless people. 7 in 10 MPs agreed with at least one of these proposals.

We'd like to see Royal Mail and Post Office trial our recommendations and work with them to end this catch-22 and help homeless people get back on their feet.

For information and advice, call us on 03444 111444, visit one of our offices in Newhaven, Lewes or Seaford or check out our website [www.lewesdistrictcab.org.uk](http://www.lewesdistrictcab.org.uk) for further details.

## Olympians encourage Sussex swimmers to make a splash for charity

Team GB swimming heroes Mark Foster and Duncan Goodhew are encouraging people in Sussex to sign up to Swimathon, the world's biggest annual fundraising swim, to raise vital funds for Cancer Research UK and Marie Curie.

Taking place from Friday 29th to Sunday 31st March, swimmers of all ages and abilities are encouraged to sign up to take part in the world's biggest annual swimming fundraising event in pools across Sussex.

Foster, the former World, European and Commonwealth champion, who set 8 world records during a glittering career, is supporting the campaign, alongside Olympic gold medalist Duncan Goodhew, President of Swimathon.

**Speaking at the launch of Swimathon 2019, Mark Foster said:** "I'm very proud to be supporting Swimathon 2019 and I hope everyone looking to set themselves a challenge signs up. Whether you're just learning or are an experienced swimmer already, there's a challenge for you.

“Swimming is fantastic for your health and wellbeing as it helps to keep fit. As you train, you build stamina and speed, and as it’s a low impact sport, the chances of injury are low while also good for recovery if you’re coming back from injury.”

**Duncan Goodhew, Olympic gold medalist and president of Swimathon, said:** “It has been a real joy to see Swimathon develop and mature into the great event it is today. Swimathon gives everyone a chance to get active with friends and family, whilst doing some good at the same time. I am so proud that Swimathon gives so many people the chance to enjoy the water, get swimming and set themselves a challenge.”

**Wanda Stockdale, a swimmer who has previously participated in Swimathon, said:** “I really enjoy taking part in Swimathon - it’s a fabulous event, with great atmosphere. Without swimming my life falls apart, my mental health is affected and my arthritis gets worse. It has changed my life and is the best thing that I have ever done for myself.”

Designed intentionally so people of all swimming abilities can participate, there are a variety of distances available as individual challenges - 400m, 1.5k, 2.5k, 5k – while the 1.5k and 5k distances are also available as team challenges for family, friends or colleagues to take on.

New to 2019 is the Triple 5k challenge, which is specifically designed to test experienced swimmers, challenging them to swim 5k, three times. Swimmers can choose the sessions and venues where they take on the three-part challenge.

Last year, Swimathon raised £2.1million, and is aiming to raise further vital funds this time around. Since Swimathon started 33 years ago, over 700,000 swimmers have dived into OVER 1,000 different pools across the UK, raising more than £50million for different charities.

For the past six years, Swimathon has been partnered by Zoggs, whose goggles, swimsuits, learning aids and training accessories have helped millions of swimmers across the world learn to love swimming.

Get 25% off the sign-up fee until Sunday 27th January using discount code **SOUTHEAST25**. For more information and to sign up now, visit [www.Swimathon.org](http://www.Swimathon.org).

## Memory Café

5th March Grannie’s Garden  
19th Irish Jig

12th Sing with Jon  
26th Swing into Spring-FB

We meet in The Community Centre, Newick every Tuesday afternoon between 1.45pm and 4.00pm. All those with memory problems, their families and carers, are most welcome.

## Newick Country Market

Every Friday 10 am to 11 am Newick Village Hall

Come and join us in the Village Hall on Friday mornings to see our wide range of homemade savoury and sweet bakes as the fancy takes you, locally grown produce, bespoke greetings cards, jewellery, knitted items, plants and flower arrangements for that special occasion. Orders can be taken for any of the above, and special diets can also be catered for. If you cannot see what you want feel free to ask one of our producers. All the items are produced by members of the market and our cooks have the required standard of Food Hygiene Certificate.

If you haven’t met us before why not drop in for some freshly brewed coffee, meet friends and catch up on village news.

It is advisable to come along early as many items sell out fast.

Further information 01825 722907

